

Upcoming Workshops

2 Dates Offered

Is *That* What You *Heard*? Listen with your Brain

An interactive five-hour workshop engaging parental figures in opening pathways to healthy communication.

Saturday, June 3, 2023 or July 22, 2023
from 9:00 am to 2:00 pm

Facilitated by:
Kristen Boike, MS, LPC, NCC

- ◆ Participate in interactive role-play scenarios
- ◆ Learn skills for real-life situations
- ◆ Learn to connect thoughts, feelings and actions to promote healthy communication
- ◆ Learn healthy ways to argue with your teens
- ◆ Understand why you're not being heard
- ◆ Receive handouts for quick at-home reference



Register today at
(248) 244-8644

Cost for each workshop: \$79 per person or \$150 per couple
Lunch will be provided

Presented at Perspectives Counseling Centers
888 W Big Beaver Rd Ste 1450
Troy, MI 48084